**Wallingford Emergency Food bank  
Volunteer Enquiry Form**

|  |  |  |
| --- | --- | --- |
| Name |  | |
| Town or village where I live |  | |
| Email |  | |
| Phone No(s) |  |  |

I am willing to help the Wallingford Emergency Foodbank as a

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Packer |  |  | Driver |  |  | Please tick either or both boxes |

I could usually volunteer on (please tick all that apply)

|  |  |  |
| --- | --- | --- |
| Mondays | *Drivers and Packers needed* |  |
| Wednesdays | *Packers needed to unpack donated food* |  |
| Thursdays | *Drivers and Packers needed* |  |
| Fridays | *Drivers and Packers needed* |  |

Please tick as appropriate

|  |  |
| --- | --- |
| I could only volunteer on planned rota days |  |
| I am able to be flexible |  |

Please answer the following two questions:

Why have you offered to volunteer with the food bank now?

How do you keep fit?